

Active Parenting 1,2,3,4!

Is parenting your little one tougher than you thought it would be?

This workshop will show you...

Discipline methods that work • How to prevent tantrums • How to make rules your child will follow. • Routines that make life easier • The best ways to childproof your home • How to care for your child at different stages • Great ways to take care of yourself!

Mondays - October 4, 11 & 18 from 6:30 - 8:30 pm.

\$30 Fee – No childcare available.

“1,2,3 Magic!

Effective Discipline for Children 2-12

Kids are just kids! In addition to being delightful, charming and affectionate, children can also present their parents with a steady diet of difficult behavior: For this reason, we are offering solutions!

Mondays - October 4, 11 & 18 from 6:30 - 8:30 pm.

*\$20 fee per person - No childcare available.

Active Parenting of 5-12 Year Olds

Be the BEST parent you can be!

Even under the best of circumstances, parenting can be a real challenge today. While we don't pretend to have all of the answers, we do have sound and practical information about parenting that we would like to share with you.

More tools for your “parenting toolbox” on how to handle situations with your child.

Mondays – Sept. 20, 27, Oct. 4, 11, & 18 from 6:30- 8:30 pm.

*\$40 fee - No childcare available

Active Parenting of TEENS

A survival course for parents of preteen and teens!

Insight into discussing violence, sex, alcohol, and drugs • Help communicating with your teen • Setting limits and boundaries • Solving problems together • Reinforcing your teen courage and inner strength • Building your teens sense of responsibility

Mondays – October 25, Nov 1, 8, 15 & 22 from 6:30 - 9:00 pm.

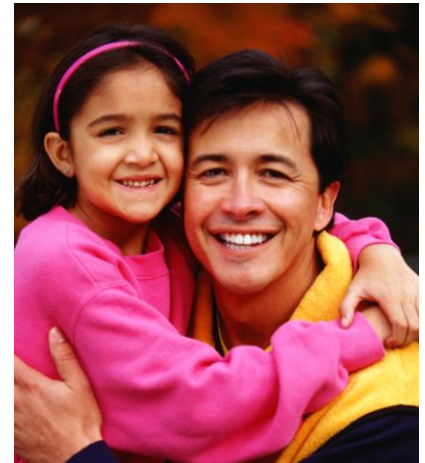
*\$40 fee - No childcare available

Dads Workbench

Do you have kids under 6? Do you wish they came with better instructions? Then Dads Workbench is for you.

Come and get new tools for your “Dad” tool box. Learn baby basics as well as toddler tips and why 5 is the new 15. This class is appropriate for new dads, old dads, step dads - any man who wishes he knew just a little bit more about the little people in his life.

Thursdays - September 16th & 30th from 6:30 - 8:00 pm. \$10 fee.



**All classes held at
The Upper Room**

**Registration is
limited so please
CALL NOW to
reserve your
space!**

**Contact:
Cynthia Marshall
437-8477 Ext. 16
cmarshall@urteachers.org**

** Payment plans as low as
\$5 per week with
registration and deposit at
least three weeks in
advance.*

***Certificate of completion
provided at the end of
course.*