

Active Parenting Leader Training Workshops at

The Upper Room, a Family Resource Center



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603-437-8477 www.urteachers.org

Active Parenting Leader Training Workshops

At the Leader Training Workshops (LTW), we'll show you how to use our popular, video-based programs to make your classes entertaining and filled with practical skills that parents can start using immediately. That's not all!

In addition to training from an experienced leader, you will also get a **free** Parent's Guide, a training guide, a certification packet, refreshments, and a coupon for **20% off** Active Parenting products. CEUs are also available.



October 11, 2010 - Active Parenting Combo: One-day workshop 8:30am – 4:00pm

This 2-in-1 Leader Training Workshop uses the popular **Active Parenting Now** and **Active Parenting of Teens** evidenced-based parenting programs. The combined training workshop uses the popular Active Parenting Now and Active Parenting of Teens video and discussion programs. You'll learn tips and techniques for leading parenting education courses in general, plus you'll gain an understanding of the contents and principles of each program. This comprehensive parenting education workshop will teach you:

- Concrete skills to build courage and self-esteem in children
- How the "method of choice" can prevent power struggles
- How different styles of parenting affect how a child reacts
- Types of family meetings and why they're important
- How mutual respect can help parents avoid arguments with their children
- What teens are experiencing and their need for challenge
- Roles parents can play in the prevention of alcohol abuse and other drug use
- Effective ways to help parents discuss sexuality with teens
- How to teach positive values to teens
- How to guide frustrated parents of teens to greater self-confidence in their roles as parents

Be an early bird – register early and save \$30!

Pricing: Full-Day Workshops - Price includes a Parent's Guide from one of the program kits, seven hours of instruction, a Training Guide, a certification packet, .7 CEUs from NBCC or 7 contact hours, and refreshments. **Bonus!** Take 20% off the price of program kits for your LTW when ordered at the same time as your registration.

~> Early Bird Special: (3 weeks before workshop)	\$139
~> Regular Price:	\$159
~> Group Rate: (4 or more people from same organization). . .	\$109 each
~> Walk-in Rate:	\$179

Prepayment by credit card or organization purchase order required for attendance.



Questions? Our Educational Consultants are ready with answers:
call 1-800-825-0060 or email cservice@activeparenting.com