

Share Our Strength's COOKING MATTERS[®] for Families

Come have a blast with Cooking Matters and learn cooking and nutrition skills for the whole family.

FOR FAMILIES:

A hands-on series where your family will learn how to prepare healthy, delicious meals the whole family will enjoy and helps you stretch your food dollars. Geared for parents and children 5—12 years old.

LOCATION:

The Upper Room 36 Tsienneto Rd. Derry, NH 03038

CLASS DATES AND TIMES:

Thursdays 10 AM—12 Noon July 13th-August 10th

TO REGISTER, CONTACT:

Sue Schick, Parent Ed. Facilitator 437-8477 x 16
sschick@urteachers.org

COST:

This is a FREE program, just call to register.

